

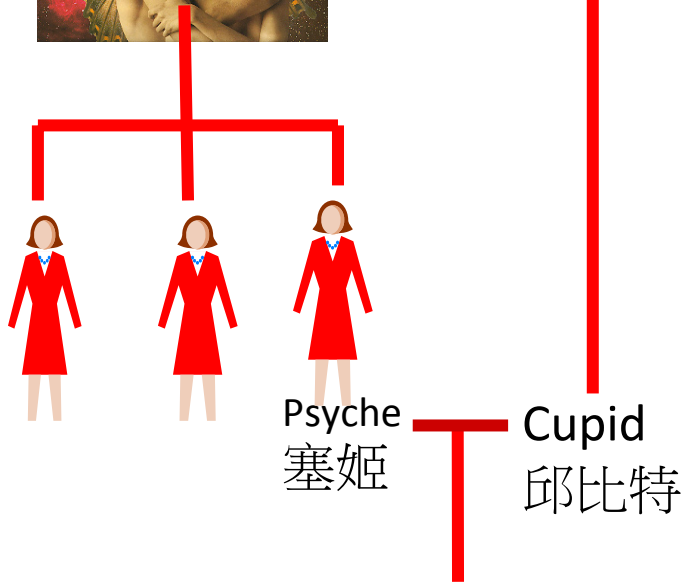
Common Psychopathologies: descriptive and psychodynamic

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23 January 2011



Venus 維納斯



Psyche
塞姬

Cupid
邱比特



Joyce
喜悅

What is psyche ?

- Conscious 意識
- Perception 知覺
- Thought 思維
- Affect 情感
- Volition 意志
- Behaviour 行為
- Memories 記憶
- Brain responsible for all psychic activities



What is psychiatric disorders ?

- Chronic illness, similar to high BP and DM
- Strong hereditary predisposition
- psychosocial factors also play a significant role
- Diagnosed by symptoms and signs
- Might need long term treatment
- Relapse
- Cause damages to various aspect of one's life
- People lacks understanding on psychiatric disorder

Onset of mental illness

- Sudden or gradual
- Affects normal family and social activities, work and study
- A torture to self and/or others



Descriptive psychopathologies

描述性精神病理現象

- Behaviour 行為
- Affect 情感
- Language & thought 語言思想
- Perception 感知
- Attention, concentration 注意力
- Memories 記憶
- Cognition 思維
- Volition 意志
- Conscious 意識
- Insight 病識感

Behavioural symptoms 行為徵狀

- A change , different from past
- Change to another person
- Deterioration in work or study
- Withdrawn, avoid social activities
- Solitary , stay at home, avoid social contact
- Neglect personal hygiene
- High arousal, anxious, worrisome
- Self muttering and/or scolded aloud without a reason
- Self giggling

Affective symptoms 情感徵狀

- Nature : elated 、 depressed 、 anxious
- stability : labile 、 fluctuating
- appropriateness : **Incongruous**情感倒錯、
blunted 淡薄
- Pathological excitement 病理性激情
- Emotional incontinence

Primary/ Autochthonous delusion 原發妄想

- Firmly held
- Not shake-able
- In contrary to personal and social background
- Personal characteristics
- Change with environmental changes

Thought disorders : forms 思維障礙:形式

- Retardation or inhibition 思維遲緩
- Flight of ideas 思維奔逸
- Circumstantiality 思維贅述
- Loosening/ verbiereden 思維鬆弛
- Derailment/ verbigeration/ word salad 裂破性思維
- Poverty of thought 思維貧乏
- thought block/ thought stop 思維中斷

Thought disorders : forms 思維障礙: 形式

- thought withdrawal 思維被奪
- thought insertion 思維插入
- thought echo 思維化聲
- thought broadcasting 思維擴散
- Perseveration
- Neologism 語詞新作

Thought disorder: content 思維異常：內容

- Delusional mood/ Wahnstimmung
- Delusional perception
- Persecutory delusion 被害妄想
- Delusion of reference 關聯妄想
- Delusion of passivity / possession/ control 被控制妄想
- Delusion of grandiose 誇大妄想
- Delusion of guilt 罪惡妄想
- Nihilistic delusion 虛無妄想

Thought disorder: content 思維異常：內容

- Delusion of Jealousy 嫉妒妄想
- Hypochondriacal delusion 疑病妄想
- Delusion of love/ Sexual/ amorous 鍾情妄想
- Thought known to others 思想被洞悉
- Shared Delusion/ Induced psychosis/ *folie a deux*
- Capgras syndrome/ *l'illusion des sosies*/ *Delusion of double*
- Fregoli syndrome
- Delusional memory

Disorder of perception 感知障礙

- Hypersensitive 感覺過敏
- Reduced sensitivity 感覺減退
- Altered sensation 感覺改變
- Abnormal sensation 體感異常

Perceptive impairment 感知障礙

- Illusion 錯覺
- Distortion 視物變形
- Spatial perceptive impairment 空間知覺障礙
- Derealization 非真實感
- Depersonalization 人格解體
- Hallucination 幻覺

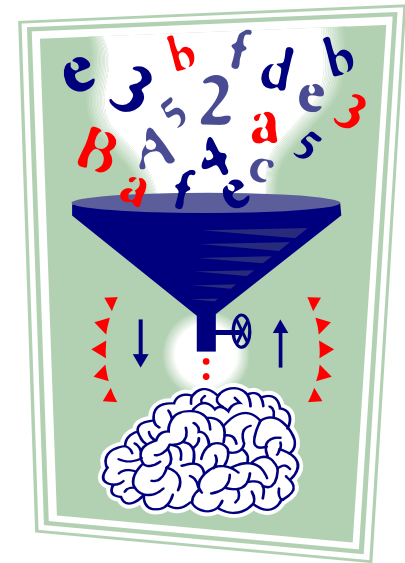
Attention and memory impairment

- Poor attention/ concentration 精神不能集中
- Easily distracted 容易分心
- Forgetful 容易遺忘
- Impaired memories 記憶減退
- Falsified memories 虛構記憶
- Wrong memories 錯誤記憶



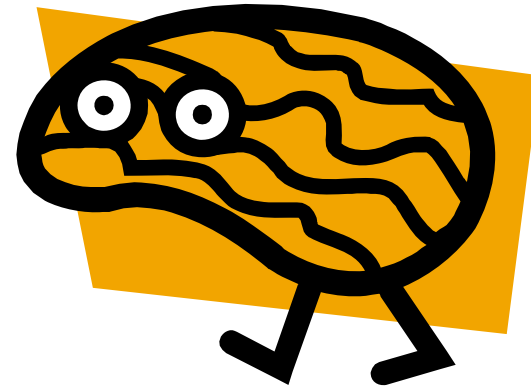
Volitional disturbance 意志障礙

- Avolitional 意志減退
- Social withdrawal 孤僻退縮
- Poverty of thought 思想貧乏
- Blunted affect 情感淡漠
- Deteriorated personal hygiene 個人衛生退化



Conscious impairment

- Reduced perceptive acuity, unable to concentrate, impaired memories, forgetful
- Loosening and sluggish thinking
- Judgment and cognitive impairment
- Slow affective response
- Slow movement
- disorientation

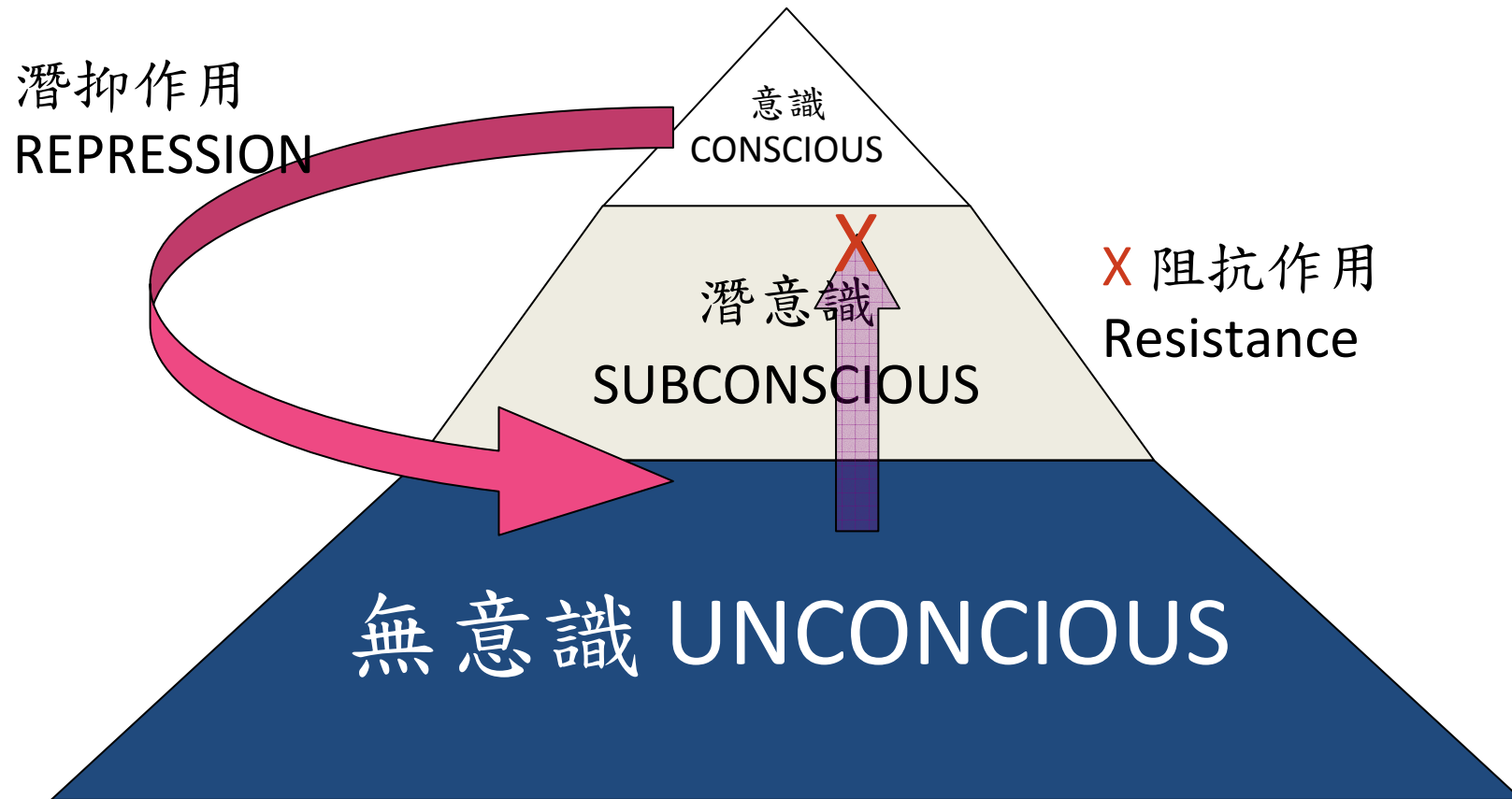


Dynamic psychopathology: Key Meta-psychological concepts

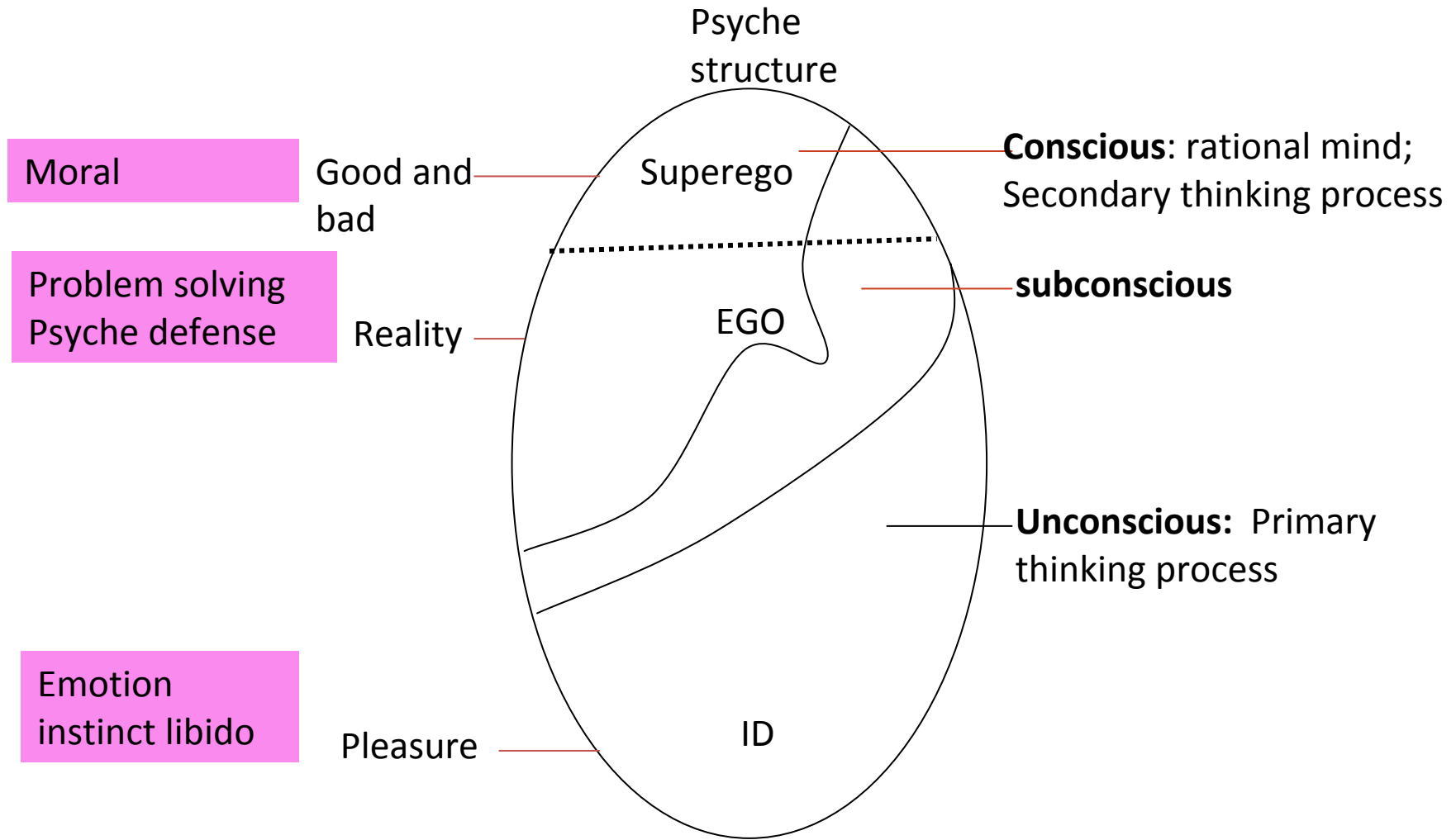
- Dynamic: Intra-psychic forces → conflicts
- Topographical: Unconscious & repression
- Structural: Id ← Ego → Superego
- Genetic: Past → Present

TOPOGRAPHIC THEORY

精神層次理論



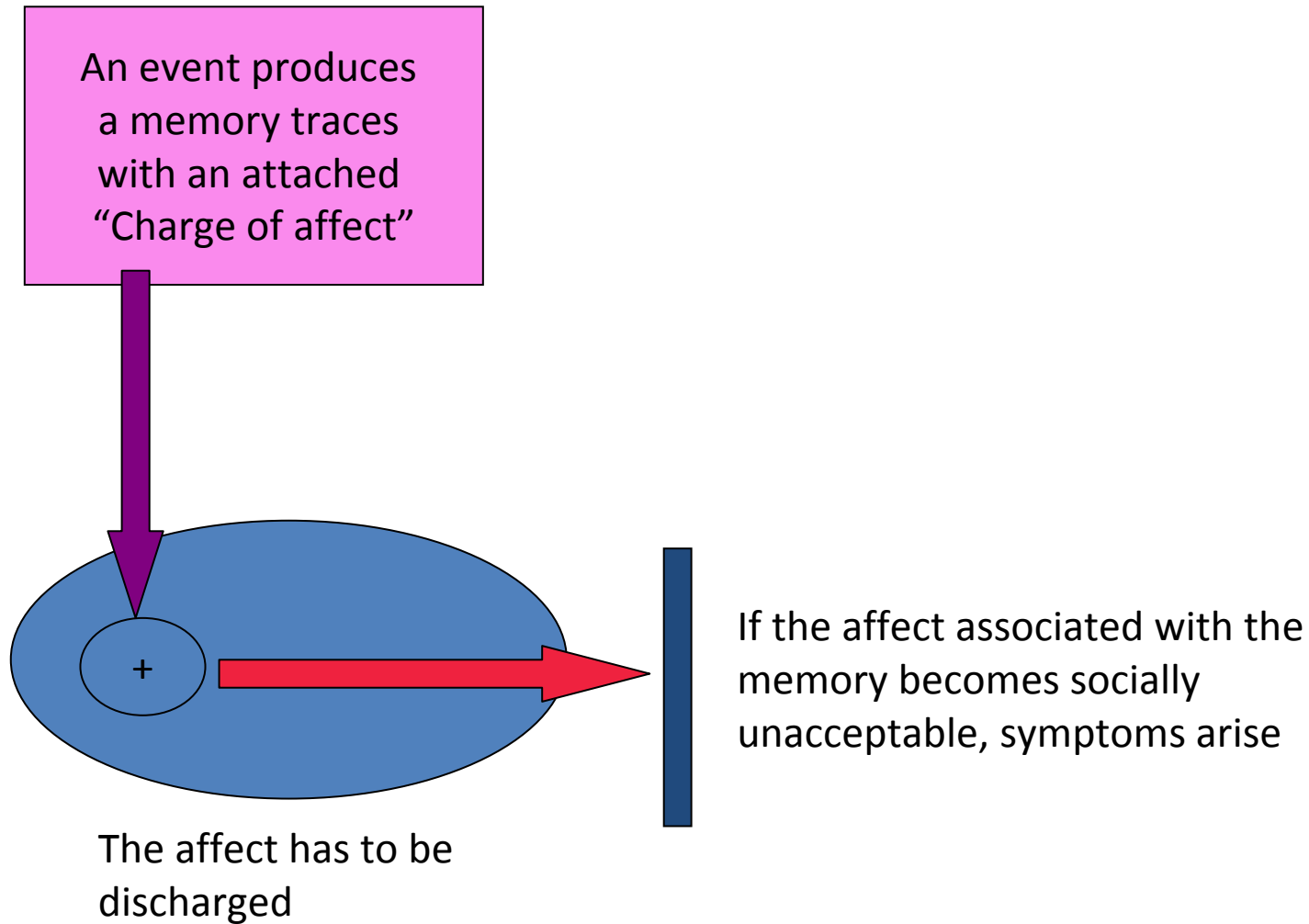
STRUCTURE THEORY



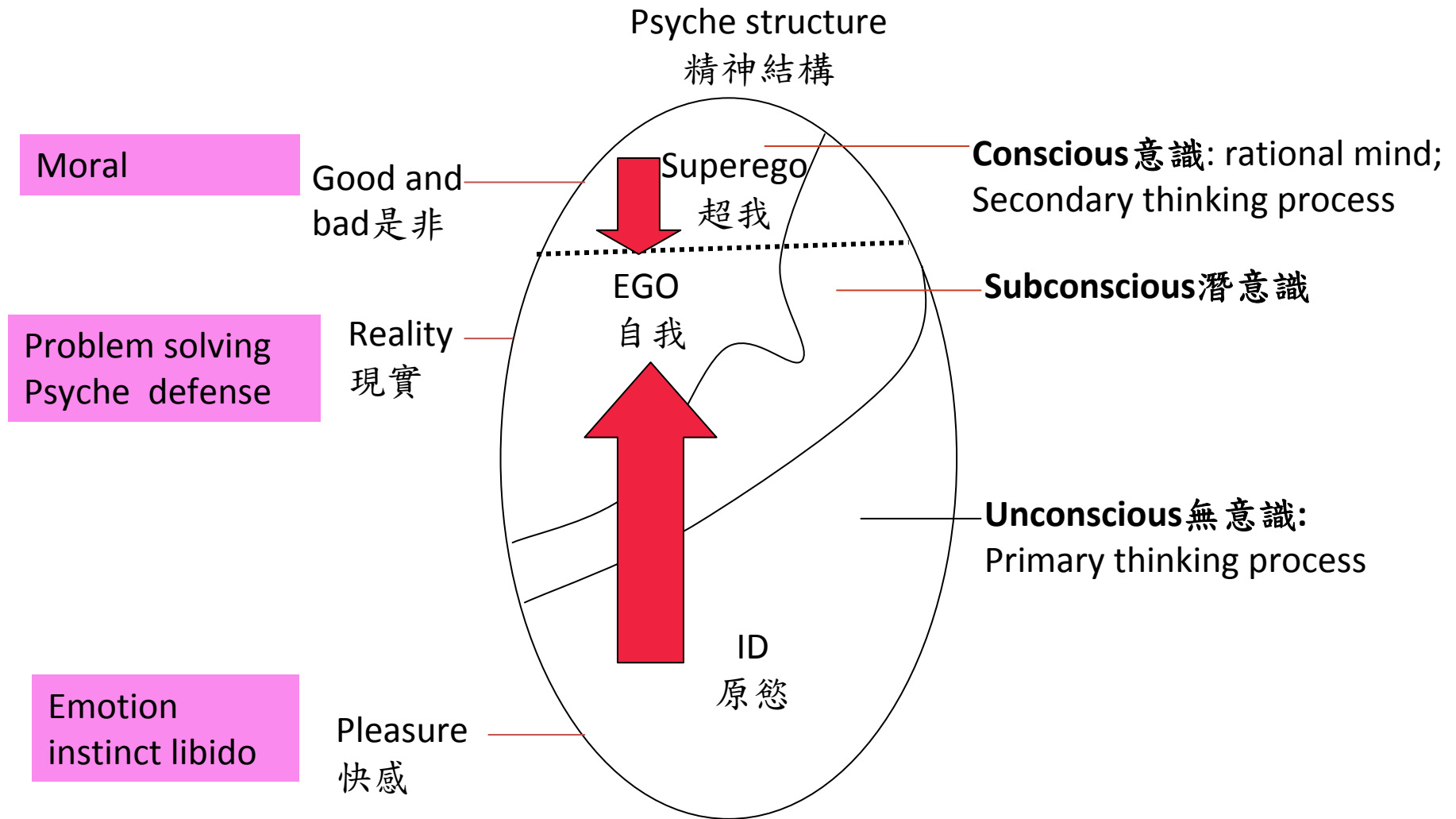
Developmental Phases

Ages	Freud	E Erikson
0-1	Oral	Trust vs mistrust
1-3	Anal	Autonomy vs shame and doubt
3-5	Phallic-oedipal	Initiative vs guilt
6-puberty	Latency	Industry vs inferiority
Adolescence	Puberty	Identity vs identity confusion
Early adulthood	Genitality	Intimacy vs isolation
Middle adulthood		Generativity vs self-absorption
Later adulthood		Integrity vs despair

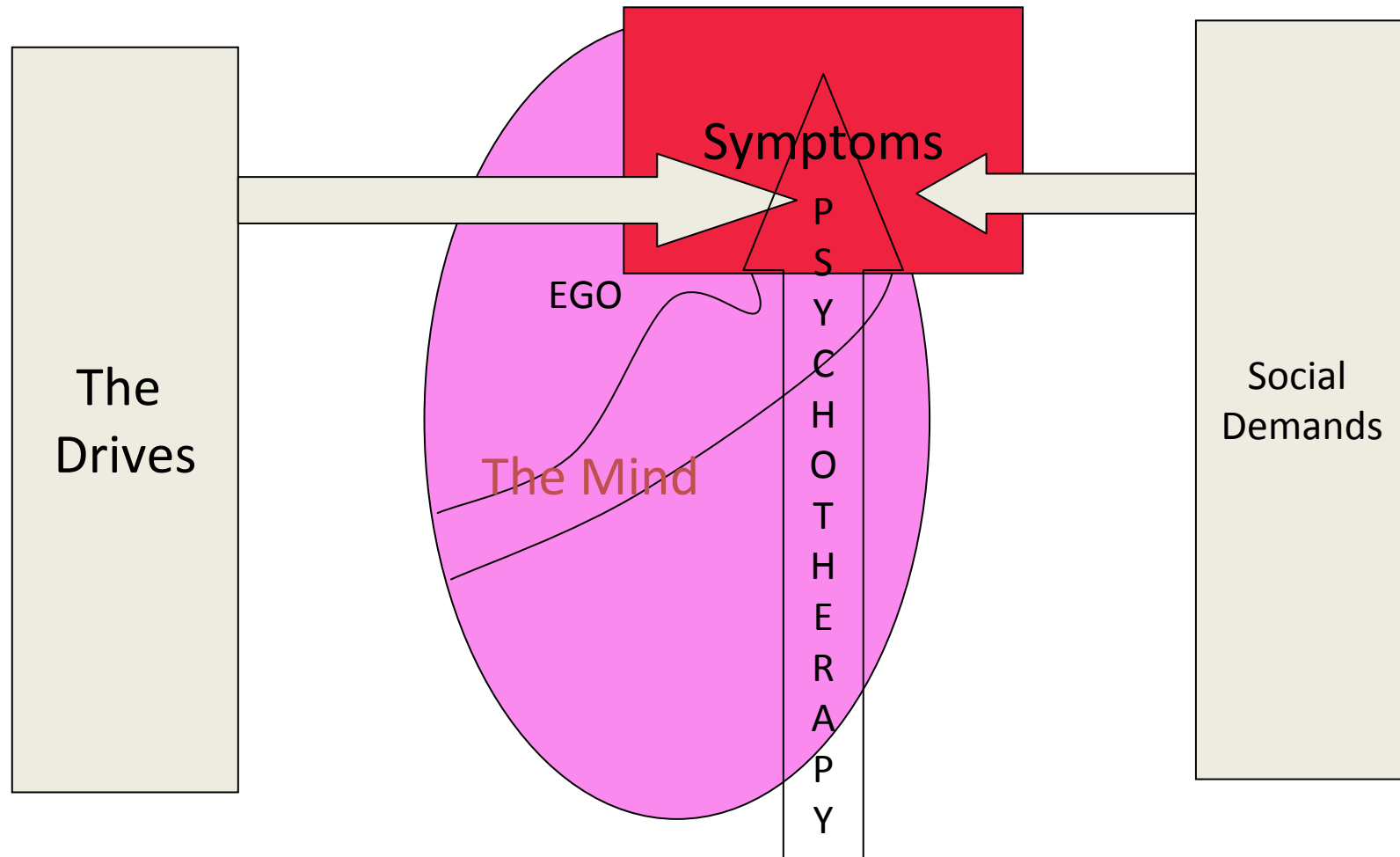
An affect-trauma model



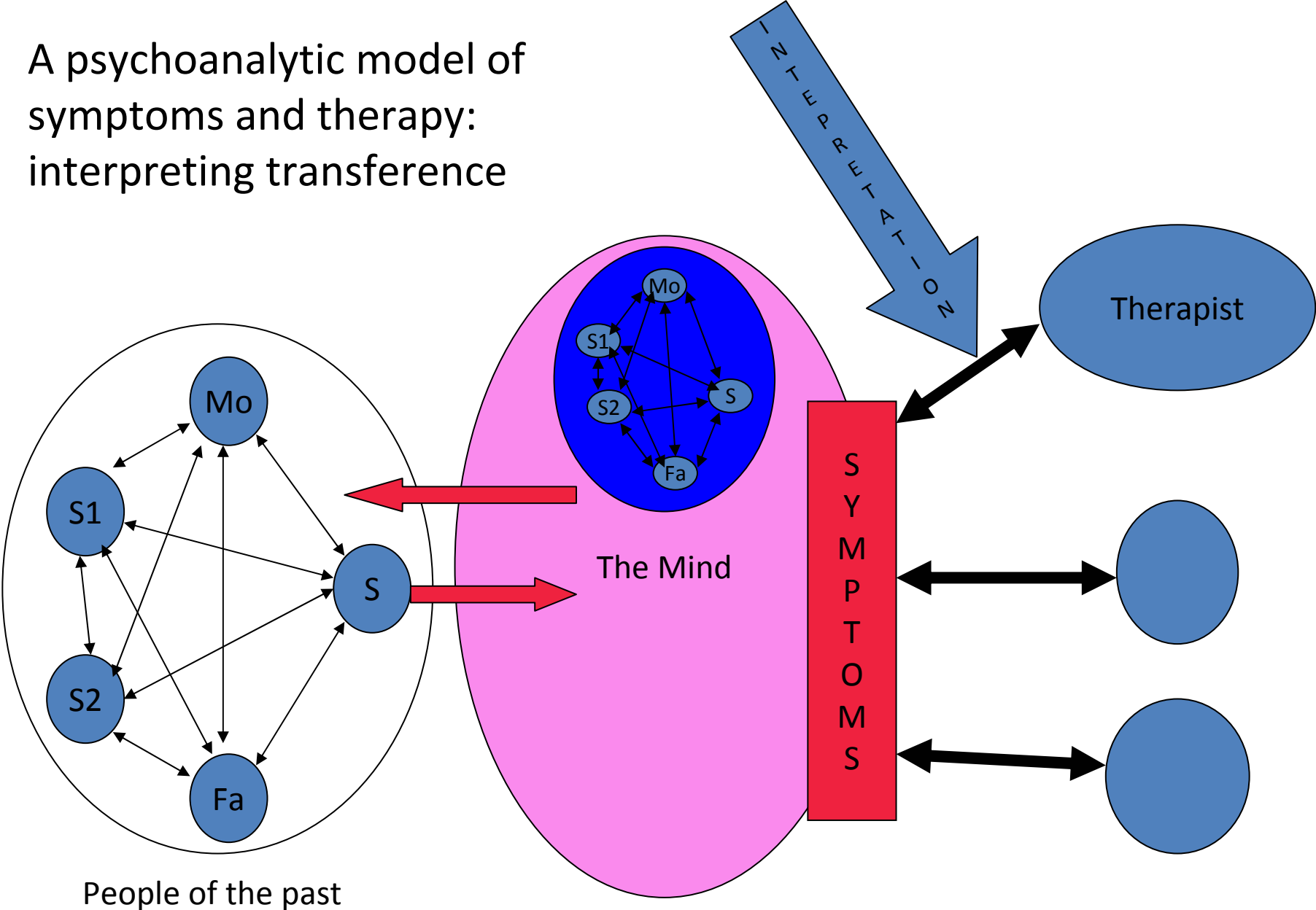
STRUCTURE THEORY 結構理論



A psychoanalytic model of symptoms and therapy: interpreting the unconscious



A psychoanalytic model of symptoms and therapy: interpreting transference



Hierarchy of defense mechanism(I)

自戀(原始) Narcissistic

否定作用 Denial

外射作用 Projection

歪曲作用 Distortion

不成熟 Immature

外射作用 Projection

分裂作用 Splitting

Passive aggression

Acting out

內射作用 Introjection

退行作用 Regression

dissociation

退縮作用 Withdrawal

體化作用 Somatization

幻想作用 Fantasy

神經症性 Neurotic

潛抑作用 Repression

解離作用 Dissociation

Psychotic:

schizophrenia

Delusional disorder

Manic-depressive

Hypochondriasis

Hysteria

(Vaillant 1992)

Hierarchy of defense mechanism(II)

神經症性 Neurotic

轉移作用 Displacement

隔離作用 Isolation

合理化作用 Rationalization

反向作用 Reaction Formation

抵銷作用 Undoing

補償作用 Compensation

仿同作用 Identification

成熟 Mature

壓抑作用 Suppression

昇華作用 Sublimation

利他作用 Altruism

幽默作用 Humour

Anticipation

asceticism

} Phobia

} OCD

(Vaillant 1992)